


## A Selection of Flowering Plants, Trees, Shrubs and Edibles to Attract Pollinators

Key: B = Bees Bf = Butterflies and/or Moths H = Hummingbirds

| Flowering Plants                                |  | Trees and Shrubs                                       |
|---|--|--|
| B Aster <i>Aster sp.</i>                        | B,Bf Stonecrop <i>Sedum</i>  | B Basswood <i>Tilia</i>                                |
| B,H Beardtongue <i>Penstemon</i>                | B Sunflower <i>Helianthus</i>  | Bf Birch <i>Betula</i>                                 |
| Bf,H Bee balm <i>Monarda didyma</i>             | B Tickseed <i>Coreopsis</i>  | Bf Currant <i>Ribes</i>                                |
| B Beggar Ticks <i>Bidens ferulifolia</i>        | B Toadflax <i>Linaria purpurea</i>   | Bf Dogwood <i>Cornus</i>                               |
| B,Bf Black-eyed Susan <i>Rudbeckia</i>          | Bf Turtlehead <i>Chelone</i>   | Bf Elm <i>Ulmus</i>                                    |
| B Blanket flower <i>Gaillardia grandiflora</i>  | B Wallflower <i>Erysimum</i>   | B Huckleberry <i>Vaccinium</i>                         |
| B Blue mist shrub, Bluebeard <i>Caryopteris</i> | B Wild buckwheat <i>Eriogonum</i>  | Bf Maple <i>Acer</i>                                   |
| B Bugbane <i>Cimicifuga</i>                     | H Verbena <i>Verbena</i>   | B Mountain maple <i>Acer spicatum</i>                  |
| Bf Butterfly weed <i>Asclepias tuberosa</i>     | Bf Yarrow <i>Achillea</i>  | Bf Oak <i>Quercus</i>                                  |
| B,Bf Campion <i>Lychnis</i>                     | B,H Zinnia <i>Zinnia</i>   | B Pincherry, Chokecherry <i>Prunus virginiana</i>      |
| B,H Carpet geranium <i>Geranium incanum</i>     |  | Bf Poplar <i>Populus</i>                               |
| Bf,H Columbine <i>Aquilegia</i>                 |  | B Raspberry <i>Rubus</i>                               |
| H Coral bells <i>Heuchera sanguinea</i>         | <b>Herbs</b>   | B Saskatoon, Serviceberry <i>Amelanchier alnifolia</i> |
| B,H Cosmos <i>Cosmos binnatus</i>               | B Basil <i>Ocimum</i>  | B Serviceberry <i>Amelanchier</i>                      |
| B Cotoneaster <i>Cotoneaster</i>                | B Borage <i>Borago officinalis</i>   | B Shadbush <i>Amelanchier humilis</i>                  |
| B Dandelion <i>Taraxacum officinale</i>         | B Cilantro <i>Coriandrum sativum</i>   | B Sumac <i>Rhus</i>                                    |
| B Deadnettle <i>Lamium</i>                      | B Chives <i>Allium schoenoprasum</i>   | B,Bf Willow <i>Salix</i>                               |
| B Gayfeather <i>Liatris</i>                     | Bf Dill <i>Anethum</i>   | B,Bf Spirea <i>Spirea</i>                              |
| B Giant hyssop <i>Agastache</i>                 | Bf Fennel <i>Foeniculum</i>  |  |
| B Globe thistle <i>Echinops</i>                 | B Marjoram <i>Origanum majorana</i>  | <b>Northern Native Plants</b>                          |
| B Goldenrod <i>Solidago</i>                     | B Oregano <i>Origanum vulgare</i>  | B,Bf Blueberries <i>Vaccinium</i>                      |
| B Hyssop <i>Hyssopus</i>                        | Bf Parsley <i>Petroselinum</i>   | B Blue bead lily <i>Clintonia borealis</i>             |
| B Joe-pye weed <i>Eupatorium</i>                | B Rosemary <i>Rosmarinus</i>   | B Bunchberry <i>Cornus canadensis</i>                  |
| B,Lamb's-ears <i>Stachys</i>                    | B Sage <i>Salvia</i>   | B Common strawberry <i>Fragaria virginiana</i>         |
| B,H Lupine <i>Lupinus</i>                       | B Thyme <i>Thymus</i>  | B Fireweed <i>Epilobium angustifolium</i>              |
| Bf Milkweed <i>Asclepias</i>                    | B English lavender <i>Lavandula</i>  | B Flowering wintergreen <i>Polygala paucifolia</i>     |
| B Mullein <i>Verbascum</i>                      |  | B Kidney leaved violet <i>Viola renifolia</i>          |
| H Nasturtium <i>Tropaeolum majus</i>            |  | B Large-leaved aster <i>Aster macrophyllus</i>         |
| H Nicotiana <i>Nicotiana</i>                    |  | B Nodding trillium <i>Trillium cernuum</i>             |
| B,Bf Oregon grape <i>Mahonia aquifolium</i>     |  | B Northern starflower <i>Trientalis borealis</i>       |
| Bf Phlox <i>Phlox</i>                           |  | B Red baneberry <i>Actaea rubra</i>                    |
| Bf Pinks <i>Dianthus</i>                        |  | B Wild sasparilla <i>Aralia nudicaulis</i>             |
| B,Bf Purple coneflower <i>Echinacea</i>         |  | B Wood anemone <i>Anemone quinquefolia</i>             |
| B Sea holly <i>Eryngium</i>                     |  | B Woodland strawberry <i>Fragaria vesca</i>            |
| Bf Shasta daisy <i>Leucanthemum</i>             |  |  |
| B Snowberry <i>Symphoricarpos</i>               |  |  |

Adapted from resources at Pollinator Guelph [www.pollinationguelph.ca](http://www.pollinationguelph.ca) and Boreal Forests [www.borealforest.org](http://www.borealforest.org)

Plants listed will grow in Northwestern Ontario, although not all are winter hardy in Zones 2-3